



**LOTA**

**Louisiana Occupational  
Therapy Association  
2010 Spring Conference**

April 9-10, 2010

East Jefferson General Hospital

4200 Houma Blvd.

Metairie, LA 70006

## **WHO SHOULD ATTEND?**

This conference is designed for all Occupational Therapists and Occupational Therapy Assistants. Students are welcome to participate as well.

## **CONTINUING EDUCATION CREDITS**

Up to 15 contact hours/1.5 continuing education units can be earned by attending the entire conference. Hours will be awarded in accordance with the number of hours attended.

## **HOTEL ACCOMMODATIONS**

We have determined that since our conference is not being held at a hotel, most participants can obtain cheaper room rates by going on-line to book their rooms through some service such as Expedia.com or Travelocity.com. At the time this brochure was printed, rooms were available for as low as \$99 per night in Metairie and Kenner.

## **SPRING FLING SOCIAL**

**Members of Louisiana Occupational Therapy Association are invited to join us for a Spring Fling Membership Social at the home of Christe Brewton Friday evening immediately following the last seminar.**



**This will be a great time to network with your peers and celebrate the success of LOTA's recent membership campaign. All members are invited. Conference attendance is not mandatory to attend. Join us for food and fun.**

**Where: 90 Dream Court, Metairie, LA**

**Time: Come immediately following the last seminar**

**Directions: From the hospital, head north on Houma Blvd. toward W. Esplanade Ave. Turn right at W. Esplanade, then take the 3rd right onto Cleary Ave. Turn Left at Veterans Memorial Blvd., then right on Bonnabel Blvd., right at Codifer Blvd. and then take the 3rd right onto Beverly Garden Drive. Dream Court is the 1st left.**

## **SPECIAL NEEDS?**

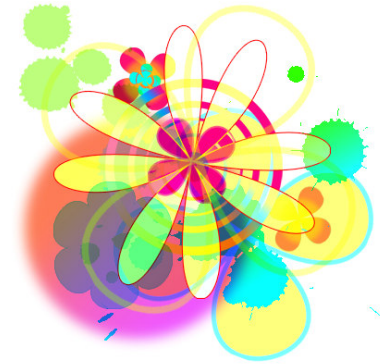
If you have special needs, please send your request to the LOTA office in writing prior to the conference. Mail to LOTA, P O Box 14806, Baton Rouge, LA 70898, or fax to 225-291-2811. We will try to address your needs to the best of our abilities.

## **QUESTIONS??**

Call the LOTA Office in Baton Rouge at 225-291-4014 or 888-218-3397

# Spring Conference Program

**Friday, April 9, 2010**



**8:00 – 10:00 am “An In-Depth Review of Human Anatomy — Emphasis on Clinical Correlations” by Rennie Jacobs, MHS, LOTR (.2 ceu)**

Course Description: The objective of this course is to provide a review of the anatomy pertinent to the field of occupational therapy. This will include neuromuscular, vascular, osteokinematics and arthrokinematics. As the course progresses, clinical correlations will be introduced, with an emphasis on ones often seen, but potentially poorly understood in the clinic. This course is designed to be interactive, and experiences from clinical settings are encouraged.

Instructor: Rennie U. Jacobs is currently a clinical instructor in the Department of Occupational Therapy at the LSU Health Sciences Center in New Orleans. Her teaching responsibilities include orthopedics, applied kinesiology, measurement and evaluation, and concepts of occupation. She has been a teaching assistant for medical gross anatomy and allied health anatomy. Prior to her teaching assignment at LSU, she was the manager of the out-patient and rehabilitation departments at Charity Hospital, New Orleans, LA. Her 12 years of clinical experiences have been in the areas of orthopedics and rehabilitation. She successfully passed the Certified Hand Therapist exam in 2000. Throughout her career in OT, she has been interested in maximizing occupational performance in her clients through functional rehabilitation.

Jacobs has served on the advisory committee for the occupational therapy assistant program at Delgado Community College since its conception. She is a member of the American Occupational Therapy Association, the Louisiana Occupational Therapy Association, The American Academy of Clinical Anatomists, and the Human Anatomy and Physiology Society. She is in the dissertation phase of pursuing a PhD in Clinical Anatomy at LSUHSC.

**10:00 – 10:15 am Break with Exhibitors**

**10:15 – 11:15 pm “ Falls Among Older Adults: Prevention as a State Priority” by Nichole Dupree, MPA and Mariella Gastanaduy, MPH (.1 ceu)**

Course Description: Falls and fall-related injuries impose an enormous burden on individuals, society and the state’s health care system. The injuries received from a fall can result in death, disability, nursing-home admission and medical costs. This is one of the leading causes of injury hospitalization in Louisiana. At the completion of this program the participants will obtain information on what is happening in fall prevention at the national and state levels and how Occupational Therapy can become involved in state initiatives. Participants will also gain knowledge of best practices in falls prevention in the areas of environmental and home safety, medications management and physical mobility.

Instructors: Nichole M. Dupree, MPA, currently serves as Program Manager of the Louisiana Office of Public Health, Injury Research and Prevention Program. She has a Masters of Public Administration from the University of New Orleans in New Orleans, LA.

Mariella Gastanaduy, MPH, is currently the Epidemiologist Supervisor at the Louisiana Office of Public Health, Injury Research and Prevention Program. She is a graduate of Tulane University in New Orleans, where she majored in Epidemiology.

**11:15 – 12:15 pm “OTAC & Board Update” by Regine Dade, Elizabeth Barberot and Jennifer Berlin (.1 ceu)**

Course Description: The purpose of this workshop will be to provide a general overview of the responsibilities of the Occupational Therapy Advisory Committee and an update on current issues being addressed by the Louisiana State Board of Medical Examiners.



**12:15 – 1:30 pm Business Luncheon—All participants are invited to attend.**

**1:30—3:30 pm Keynote Address—“4 Basic Moods of Life” by Laurie Rilquemy, B.S., M.B.A. (.2 ceu)**

**Course Description:** Participants will learn each of the four predominant moods of life. Additionally, they will learn how to identify those moods in themselves and in others, learn what actions and possibilities are available and what actions and possibilities are precluded in each. Most importantly, they will learn how to shift or change their mood in order to reduce stress and increase effectiveness.

Instructor: Laurie Rilquemy is the owner and trainer for Education for Living Seminars. She received her B.S. in Medical Technology from Louisiana State University in Baton Rouge, Louisiana and her M.B.A. in Business Administration from McNeese State University in Lake Charles, Louisiana

**3:30—3:45 pm Break with Exhibitors**

**3:45 pm – 5:15 pm— “ Achieving Independence through AT” by Ken Zangla, B.A., M.S., Rose Angelocci, Ph.D., CRC, NCC, CVRT and Kenneth D. Lacho, MBA (.15 ceu)**

Course Description: This Assistive Technology presentation will cover computer access, via voice recognition, various screen reading software programs for people with visual impairments and learning disabilities, cognitive impairments, and magnification software programs for people with low vision. A number of input devices will be demonstrated, such as trackballs, joysticks, ergonomic mice, etc. Discussion will include integrating Assistive Technology into the therapeutic sessions, such as computer games to increase eye-hand coordination, and increasing manual dexterity.

Instructors: Ken Zangla is the TRAC Director at University of New Orleans. He is a graduate

of the University of Dallas and received his Masters from the University of Texas SWMC in Rehab Counseling.

Rose Angelocci, Ph.D. CRC, NCC, CVRT, is a Rehabilitation Training Specialist at the University of New Orleans. She received her Ph.D. in Counselor Education from LSU in New Orleans.

Kenneth D. Lacho, MBA is a Program Specialist-Instructor. He received his MBA from the University of New Orleans.

## **Saturday, April 10, 2010**

### **8:00—10:00 am — “Osteoporosis, Incontinence, and Nutrition” by Holli Benthusen, OTR/L (.2 ceu)**

**Course Description:** This course will focus on common areas which affect women including how to prevent and address osteoporosis—the Silent Epidemic. Understanding the basics an overview of treatment of incontinence. The course will have an overview of how American diet impacts our health, the prevalence of nutrition based diseases and basic strategies and diet changes that may prolong life.

**Instructor:** Holli Benthusen, OTR/L has been an Occupational Therapist for over 25 years and received her degree from the University of Illinois Medical Center. She is currently the Vice President of Educational Services for Therapy Management Corporation, and its affiliates including TriStar Rehab, Quality Care Rehab and Rehab Advantage. She has treated and managed Skilled Nursing Facility contracts since 1990 and has presented many programs and courses involving geriatrics. Benthusen also has her certification in Sensory Integration and has been an adjunct professor in Central Florida.



### **10:00 – 10:15 am Break**

### **10:15 – 12:15 pm - “Osteoporosis, Incontinence, and Nutrition” by Holli Benthusen, OTR/L (.2 ceu) Continued**

### **12:15 – 1:15 pm Lunch on your own**

### **1:15—3:15 pm—” Acromioclavicular Joint—Evaluation and Treatment “ by Ralph Voorhies (.2 ceu)**

**Course Description:** Acromioclavicular joint injuries are commonly overlooked as sources of decreased upper extremity use with self care. This course will provide an overview of diagnosis and treatment.

**Instructor:** **Ralph Voorhies, LOTR, CHT** has worked in a variety of settings, and currently works at the Terrebonne General Hospital in Houma, Louisiana. He has worked in a variety of settings including inpatient, outpatient and private practice.

### **3:15—3:30 pm — Break**

### **3:30—5:00 pm — “ Acromioclavicular Joint—Evaluation and Treatment“ by Ralph Voorhies (.15 ceu) continued**

# CONFERENCE REGISTRATION

COST: LOTA Member—\$325      Non-Member—\$400  
COTA Member—\$275      Non-Member—\$350  
Student Member—\$75      Non-Member—\$100  
ONE DAY REGISTRATION—\$195



Registration will be returned in full less a \$50 handling fee until March 15th. No refunds after March 15th.

Make Check payable to LOTA, P O Box 14806, Baton Rouge, LA 70898.  
Questions, Call 225-291-4014., Fax 225-291-2811 or E-Mail [LAlwood@aol.com](mailto:LAlwood@aol.com)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

LOTA Member # \_\_\_\_\_  Non-Member

Area of Practice:  OT  OTA  Student  Other

Amount Paid: \_\_\_\_\_

Method of Payment:  Check  Visa  M/C

Credit Card # \_\_\_\_\_ Exp Date \_\_\_\_\_

Signature: \_\_\_\_\_

Do you plan to attend the Business Luncheon on Friday?  Yes  No

Do you plan to attend the Spring Fling Member Social?  Yes  No

REGISTER ON-LINE AT [WWW.LOTA.ORG](http://WWW.LOTA.ORG)